

# GUIDELINES FOR YUCAIPA HIGH SCHOOL ATHLETIC PARTICIPATION AND ELIGIBILITY

The following are regulations to which every participant in Yucaipa High School athletics must adhere:

1. Academic work must conform with CIF and school eligibility rules during the season of sport (must be making satisfactory progress in all classes each week and must have passed at least 20 semester periods on the previous report card with a 2.0 G.P.A.)
2. Athletes are expected to attend all scheduled games and all practice sessions called by the coach. Unexcused absence from practice may result in suspension from the team until reviewed by the Athletic Director and, if deemed necessary, the Athletic Council. Athletes are expected to travel with the team. In emergency situations only, players may ride with their parents provided a written request has been approved, first by the Coach, and then by the Principal. Only emergencies and extenuating circumstances will be approved.
3. Personal conduct must be maintained which will never bring discredit to the athlete, the team, or the school. This includes: conduct on or off campus, conduct at Home or Away games, conduct on the bus, and proper handling of school and personal property.  
During the season, misconduct including, but not limited to, such things as dishonesty, truancy, disruption of school activities, and defiance of authority will result in immediate withdrawal of participation privileges for two (2) weeks.  
If misconduct occurs during the off-season, the athlete will not be allowed to participate in the first two (2) weeks of his/her next season of sport, beginning with the first contest.  
Each case will subsequently be reviewed by the Athletic Director and, if deemed necessary, the Athletic Council, to determine if more stringent action should take place, including suspension from the team for the remainder of the season. The athlete will be placed on probation for one (1) calendar year. Continued misconduct during the probationary period may result in permanent exclusion from athletics at Yucaipa High School.
4. The use or possession of tobacco, alcohol or drugs (categorized as controlled substances) or illegal performance-enhancing drugs, will be prohibited both on or off campus at any time or any place. During the season, any violation involving controlled substances, will result in suspension from the team for the remainder of the season. If violations occur during the off-season, the athlete will not be allowed to participate before League competition begins in his/her next season of sport. Each case will subsequently be reviewed by the Athletic Director and, if deemed necessary, the Athletic Council, to determine if more stringent action should take place. (E.G. An athlete suspended for a violation occurring near the end of a season, might be suspended until League competition begins in his/her next season of sport) In each case, the athlete will be placed on probation for one (1) calendar year. Further violations during the probationary period will result in permanent exclusion from athletics at Yucaipa High School.
5. Personal misconduct of a more severe or unusual nature than #3 or #4 including, but not limited to, being charged with an inherently dangerous felony, may result in more stringent action being taken by recommendation of the Athletic Director or, if deemed necessary, the Athletic Council.
6. Unless administratively excused, an athlete must attend a full day of school on game days in order to participate.
7. Athletes must be neat and clean in personal appearance. Failure to comply may result in suspension from the team until reviewed by the Athletic Director and, if deemed necessary, the Athletic Council.
8. Any athlete who quits after the first ten (10) days of practice, will not be permitted to practice or participate in another sport until the end of the previous sport season.
9. All athletes, in order to be eligible to receive letters, certificates, and awards, are expected to purchase an ASB card.
10. Any action which results in permanent exclusion from Athletics may be appealed by the parents to the Principal.
11. We agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the American Medical Association) to treat a medical condition. We also recognize that under CIF By-Law 200D, there could be CIF penalties and sanctions under CIF rules for providing false or fraudulent information. We also understand that the Yucaipa-Calimesa Joint Unified School District policy education code regarding the use of illegal drugs will be enforced for any violations of these rules, which is the same enforcement that is already in place for similar violations at any school activity, event or function.
12. There is an element of risk associated with all athletic competitions. Participation in the activity carries with it certain inherent risks of injury that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks of injury vary from one activity to another, but may range from and include, but are not limited to: 1) minor injuries such as scratches, bruises, and sprains; 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions; 3) catastrophic injuries including paralysis and death. The District cannot guarantee that students will not be injured despite its commitment to provide for every participant's health and welfare.

I have read and fully understand the above regulations. I realize the failure to comply with any of these rules will result in immediate disciplinary action.

STUDENT'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PARENT'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_